

## Pain Assessment: Environment

### **Review of physical environmental factors contributing to the development of the pain**

Physical: The patient and the task

- Ergonomic
- Activities of daily living
- Self care activities
- Sport
- Hobbies

Temperature/Humidity/Dust/Noise/Light

### **Review of significant others contributing to the development of the pain**

What personal influences are significant for the patient?

- Family beliefs: Family pain and disability history
- Workplace beliefs: Beliefs of workmates, employers
- Political/system belief
- Third party payers